

RUG-III Activities of Daily Living (ADL) Index

ADL variable	Score
Bed mobility, toilet use, and transfer:	
Independent or supervision	1
Limited assistance	3
Extensive assistance or total dependence:	
Other than 2-person physical assist	4
2 or more persons physical assist	5
Eating:	
Independent or supervision	1
Limited assistance	2
Extensive assistance or total dependence	3

NOTES: Scores are summed for four ADL variables. Index ranges from 4 to 18. The individual variables are subject to time and other delimiters, as specified in the Minimum Data Set, which should be used to define the individual resident characteristics listed here.

Source: Fries BE, Schneider DP, Foley WJ, Gavazzi M, Burke R, Cornelius E. Refining a case mix measure for nursing homes: Resource Utilization Groups (RUG-III). *Medical Care* 1994; 32(7): 668-685.