

IADL Performance Scale

Score	IADLS
0-6	Meal preparation
0-6	Ordinary housework
0-6	Managing finances
0-6	Managing medications
0-6	Phone use
0-6	Stairs
0-6	Shopping
0-6	Transportation

Range: 0-48

Scoring in self-performance:

0 = Independent — No help, setup, or supervision

1 = Setup help only

2 = Supervision — Oversight/cuing

3 = Limited assistance — Help on some occasions

4 = Extensive assistance — Help throughout task, but performs 50% of task on own

5 = Maximal assistance — Help throughout task, but performs less than 50% of task on own

6 = Total dependence — Full performance by others during entire period

8 = Activity did not occur during entire period, Score = 6